



NUTRITION AT THE HEART OF CARE

NATIONAL ASSOCIATION OF CARE CATERING
CONFERENCE & EXHIBITION 2009

Reserve
your delegate
place today

The biggest UK Conference about catering for people in care and in the community

This two-day conference is designed for all those working within care catering. It is packed with vital information to help you improve the catering provision you have responsibility for – be it those people living in residential homes, within the community receiving domiciliary care or who are living in sheltered accommodation.

WHO SHOULD ATTEND?

- Catering managers
- Dieticians
- Local authority staff
- NHS staff
- Social services officers
- Owners or managers of day care centres or residential homes
- Healthcare company executives
- Domiciliary care providers
- Members of caring organisations
- Any supplier to the care catering sector

TOPICS INCLUDE:

- Reducing harm with good nutritional care
- Nutrition and healthy eating within the community
- Malnutrition in care catering
- The Governments ' Nutritional Action plan
- Eating well for those with dementia
- The problem of malnutrition in sheltered housing
- How food can act as a 'treatment'
- The use of the Malnutrition Universal Screening Tool
- The Friday Kitchen!

KEYNOTE SPEAKERS INCLUDE:

Gordon Lishman

Director General, Age Concern

Elaine Cass

Practice Development Manager, Social Care Institute for Excellence

Lisa Wilson

Science Director, Caroline Walker Trust

Rick Wilson

Director Dietetics and Nutrition, Kings College Hospital, London

Christine Russell

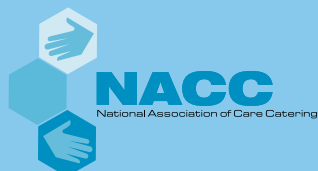
BAPEN's Nutrition Screening & Independent Nutrition Consultant

Carey Bamber

Personalisation Programme Manager, North West Joint Improvement Partnership

David Jones

Deputy Regional Director for Social Care and Local Partnerships, Department of Health



Nutrition at the heart of care



This conference and exhibition is brought to you by the National Association for Care Catering, the industry's leading association representing care caterers throughout the UK. This two-day conference is packed with high profile speakers presenting and debating the burning issues relating to catering within the care sector.

Key speakers to include:-



Gordon Lishman
Age Concern



Elaine Cass
Social Care Institute for Excellence



Lisa Wilson
Caroline Walker Trust

Great networking opportunities

Network with colleagues and enjoy the informal pre-conference evening themed – 'Welcome to Hollywood!' Come dressed as your favorite celebrity or film star!

Celebrate with industry peers at the black tie awards and gala dinner with a superb 4-course meal and awards ceremony.

Plus there are all the breakfasts, lunches and coffee breaks where you'll be able to exchange ideas, put names to faces and catch up with old friends.

Source new products and services

The CaterCare exhibition runs alongside the conference – more than 50 manufacturers and service providers will be demonstrating the very latest food, drink, technology and equipment products ideal for use in your catering establishments.

The Venue

The Hilton Blackpool offers:

- High Speed Internet Access
- Executive Suites
- Business Center
- Fitness Center
- Heated indoor pool
- 20 minutes' drive from Blackpool Airport

Caroline Bunning, Food and Nutrition Officer,
Nottinghamshire County Council

"This is my first conference. A good opportunity to put faces to names, talk to existing suppliers and colleagues and meet new people."

Lynda Brown, General Manager,
Catering Academy Ltd

"As a first time visitor - I gained useful insight into other areas of care catering."

Ros Speight, Business Support Manager,
Leicestershire County Council

"As always an excellent conference, brilliant presentations too."

Sylvie Babout, Head of Operations & Training,
HC3S

"As always very well organised and so enjoyable. Well done to the organisers!"

Vivien Rose, Service Manager Community
Meals, London Borough of Redbridge

"A good range of speakers all with relevant content."

John Hilton, Principal Catering & Contracts
Manager, Bristol City Council

"As always an excellent conference with many good presentations, Thank you."

Juliet Bates, Registered Manager,
Bournville Village Trust

"I enjoyed the conference and made some excellent contacts."

Gill Thrush, Chef Manager, HNHA

"Thought it was an excellent conference."

Jacqyln Spence, Principal Officer, RCT Council

"Very good conference."



Provisional Programme

As a corporate affiliate of the CPD Institute, NACC will award CPD hours to delegates attending the event



WEDNESDAY 9 SEPTEMBER

- 14:00 REGISTRATION,
COFFEE & EXHIBITION VIEWING
- 15:30 Afternoon tea in exhibition rooms
- 16:30 Exhibition closes
- 16:30 NACC Annual General Meeting
- 19:30 'Welcome to Hollywood'
- a pre-conference networking evening

THURSDAY 10 SEPTEMBER

- 08:30 REGISTRATION,
COFFEE & EXHIBITION VIEWING
- 09:30 Opening Address
*Sue Ullmann, Chair,
National Association of Care Catering*
- 09:45 Hungry to be heard and the nutrition action plan
*Gordon Lishman, Director General,
Age Concern*
Keynote address to delegates to include comments on the final report of the Nutrition Action Plan Delivery Board and the challenges which are still to be met.
- 10:30 COFFEE, WATER &
EXHIBITION VIEWING
- 11:00 EXHIBITION VIEWING OR CHOICE OF WORKSHOP (subject to availability)
- 1. Reducing harm from nutritional care**
*Caroline Lecko,
National Patients Safety Agency*
This workshop will provide delegates with the opportunity to learn about the nutrition related incidents reported to the National Patient Safety Agency and to consider how the nutritional care/ services they deliver has the potential to cause harm to service users. Delegates will have time to identify the barriers they have to delivering safe nutritional care. The final part of the workshop will enable the attendees to consider opportunities within the services they provide for improving the safety of nutritional care.
- 2. Nutrition and healthy eating within the community**
*Dr Mabel Blades,
Dietician and Nutritionist*
Delegates will cover provisions, portions and a practical approach to food and nutrition, together with what is a MUST score of 4? What is soluble fibre? What does BMI mean?
- 11:45 EXHIBITION VIEWING OR CHOICE OF WORKSHOP (subject to availability)

3. Malnutrition in care catering

Dr Marnie Sommerville, The Nutrition Training Company

This workshop will consider:

- Under and over nutrition, common nutrient and other deficiencies, calories and saturated fat focus, modified texture diets relevance to care commission guidance (Scotland) and National Care Standards and Nutrition Action Plan (England).
- Possible future developments in nutrient and food standards.
- Training provision in the marketplace and the role of dietetic audits

4. Personalisation agenda

Carey Bamber, Personalisation Programme Manager, North West Joint Improvement Partnership
David Jones, Deputy Regional Director for Social Care and Local Partnerships, Department of Health.

In late 2007 the Government published Putting People First - a concordat outlining a new vision for the future of adult social care. Putting People First requires Local Authorities to transform the way local services are commissioned and provided, putting people at the heart of planning - and in control of resources. This workshop will consider:

- The policy context for personalisation
- What progress is being made
- The implications of this transformation
- The opportunities and challenges this presents to care caterers.

12:30 LUNCH

14:00 Mealtimes & nutrition: good practice in nutritional care

*Elaine Cass,
Practice Development Manager,
Social Care Institute for Excellence*

This presentation will:

- Raise awareness of the importance of nutrition for vulnerable people using health and social services
- Encourage early identification and prevention of malnutrition through screening and follow up
- Draw attention to the wealth of resources available to support good nutritional care

14:45 Eating well for dementia

*Dr Lisa Wilson, Science Director,
Caroline Walker Trust*
Dr Wilson will discuss the influence that dementia has on food choice and food

intake. She will explore the physical, mental, physiological and emotional changes that need to be considered and make recommendations of how to give good nutrition to those suffering with dementia.

15:00 COFFEE, WATER & EXHIBITION VIEWING

16:00 Addressing malnutrition in sheltered housing

*Imogen Parry,
Director of Policy EROSH & Independent Sheltered Housing Consultant*
*Christine Russell,
BAPEN's Nutrition Screening & Independent Nutrition Consultant*
More older people live in sheltered housing than in care homes. The presenters will describe a training programme for scheme managers which includes the use of the 'Malnutrition Universal Screening Tool' ('MUST') and a non-clinical tool for identifying the risk of malnutrition in older people living in sheltered housing and the linked project undertaken to establish the prevalence of malnutrition in sheltered housing. They will also draw on the recently published Good Practice Guide on Addressing Malnutrition.

17:00 Conference close

19:30 Gala Awards and Dinner

FRIDAY 11 SEPTEMBER

09:00 REGISTRATION & COFFEE

09:30 Food as treatment

Rick Wilson, Director Dietetics and Nutrition, Kings College Hospital, London
Rick is a passionate supporter of the benefits that high quality catering services can provide to the well being and treatment of patients in hospital, residential care and the community. Today he will share with us his vision of how we can collectively make a difference.

10:00 The Friday Kitchen!

The chef demo's are back but not as we know it, today's demonstrations will include suggestions for daily meal offerings in line with NACC Standards from our line up of top chefs.

11:50 Conference close

*Sue Ullmann, Chair,
National Association of Care Catering*

12:00 LUNCH & DEPART

NB Speakers and content are subject to change

To book your place call 0870 748 0180 or complete the form overleaf and fax to 0870 748 0181

Alternatively register online at www.mcculloughmoore.co.uk/nacc



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CONFERENCE BOOKING FORM

Wednesday 9th - Friday 11th September 2009 Hilton Hotel, Blackpool

Please complete in BLOCK CAPITALS using one form per person

Delegate Name:

Job Title:

Company/Authority Name:

Company/Authority Address for Correspondence:
.....
.....
.....

Post Code

Tel (Day):

Email:

Invoicing address if different from above:
.....
.....
.....

Post Code

Member Non-Member

Membership Number:

Would you prefer to receive future correspondence via email or post?

Email please tick box Post please tick box

Please state special dietary requirements:
.....
.....

If sharing a room with a colleague, please state colleague's name and Authority/Company:
.....
.....

Please indicate preference (Please note that this cannot be guaranteed)

Smoking Room Non-Smoking Room

PAYMENT INSTRUCTIONS

Full payment must accompany your booking form unless a purchase order number is given

Please invoice and quote purchase order number

My cheque is enclosed please send a receipt
Cheques payable to McCullough Moore Ltd

PAYMENT TERMS

Payment terms are 30 days from date of invoice

All delegate fees must be paid in full prior to the event

MEMBER RATES (PER PERSON)		Total
Pre conference afternoon tea & exhibition viewing, themed evening and entertainment, accommodation Wednesday 9th September	£125	
1 night residential package in single room Includes conference, accommodation and gala dinner on Thursday and conference on Friday	£460	
1 night residential package in twin room Thursday 10th September (shared accommodation, cost per delegate)	£430	
Day delegate Thursday 10th September	£185	
Day delegate & gala dinner Thursday 10th September	£275	
Day delegate Friday 11th September	£180	
NON-MEMBER RATES (PER PERSON)		
Pre conference afternoon tea & exhibition viewing, themed evening and entertainment, accommodation Wednesday 9th September	£175	
1 night residential package in single room Includes conference, accommodation and gala dinner on Thursday and conference on Friday	£510	
1 night residential package in twin room Thursday 10th September (shared accommodation, cost per delegate)	£480	
Day delegate Thursday 10th September	£235	
Day delegate & gala dinner Thursday 10th September	£325	
Day delegate Friday 11th September	£230	
	Subtotal	
	VAT @ 15%	
	Total Payable	



Please return completed registration form to:

NACC Conference 09

c/o McCullough Moore Ltd

Meadow Court, Faygate Lane, Faygate, West Sussex RH12 4SJ

T 0870 748 0180 F 0870 748 0181

For details of membership please visit our website www.thenacc.co.uk

Booking Terms and Conditions:

No refunds will be made after 1st June 2009 although substitutions can be made at anytime. Any changes to accommodation bookings must be made in writing. Residential packages include bed, breakfast, lunch and dinner. Delegates are personally responsible for settling accounts for telephone, newspapers and other personal expenses before leaving the hotel.

The information you provide may be used for direct marketing purposes by us. If you do not wish it to be used for such purposes please write to us at the administration office above.